# Mount Ida Campus



## **Lunch or Dinner Buffet**

Light Buffet \$24.95

1 salads, 2 entrées, 2 sides, 1 dessert

Full Buffet \$32.95

2 salads, 3 entrées, 3 sides, 2 desserts

#### **SALADS**

Grilled Vegetable Pasta Salad (V)

with Herbed Vinaigrette

Greek Potato Salad (GF, V)

Panzanella Salad

Classic Caesar Salad (V)

Cobb Salad (GF)

Seasonal Fresh Fruit Salad (V, VG, GF, DF)

Little Leaf Farm Cape Cod Salad (V, VG)

with Balsamic Vinaigrette

#### **ENTREES**

Garlic Marinated Roasted Tri-Tip (GF, DF)

with Chimichurri

Chicken Marsala

Beef Fajitas (GF, DF)

with Guacamole, Heirloom Pico and Crème

**Herbed Panko Crusted Haddock** 

with Lemon Beurre Blanc

Slow Roasted Misty Knoll Turkey

with Old Fashioned Gravy

Shepherd's Pie

Kentucky Bourbon Glazed Pork Loin (GF, DF)

Classic Chicken Pot Pie

Chipotle Marinated Salmon (GF, DF)

with Charred Poblano Salsa

# buffet

Chicken Tikka Masala (GF)

Jalapeno Bacon Roast Pork (GF)

with Black Refried Beans and Heirloom Pico

Parmesan Crusted Chicken

with Fresh Basil Tomato Sauce

**VEGETARIAN ENTREES** 

Eggplant Parmesan (V)

Zucchini and White Bean Quesadilla (V)

General Tso's Tofu (V, VG)

with Broccoli

Farmer's Market Stuffed Portabella Mushrooms (GF, V, VG)

with Balsamic Glaze

Rolled Butternut Lasagna (V)

with Sage Cream

#### **VEGETABLES**

Shaven Brussels Sprouts (GF, DF)

with Crispy Bacon Lardons

Sautéed Broccoli Rabe (V, VG, GF, DF)

with Garlic Confit

Vermont Buttered Green Beans (V, GF)

North Hadley Maple Glazed Root Vegetables (V, VG, GF, DF)

Oven Roasted Cauliflower (V, VG, GF, DF)

Local Honey Glazed Carrot (V, VG, GF, DF)

#### **STARCHES**

Wild Mushroom Risotto (V)

Vermont Buttered Rice Pilaf (V)

Pureed Yukon Gold Potatoes (V, GF)

Chive Scalloped Potatoes (V)

Parmesan Potato Wedges (V, GF)

**Herbed Stuffing** 

Creamy Red Pepper Pesto Pasta (V)

Yellow Spanish Rice

Cumin Basmati Rice (V, VG, DF)

Vermont Mac and Cheese (V)

#### **DESSERTS**

Crème Brule Cheesecake With Berry Compote (V)

Chocolate Lava Cake (V)

Key Lime Pie (V)

Tiramisu (V)

Lemon Meringue (V)

# Mount Ida Campus



## **Plated Lunches**

#### Plated Luncheons \$25.95

Priced per person, 20 guest minimum, please select one salad and dessert and up to two entrée options, coffee service is included. Meal includes salad, entrée and dessert.

#### **ENTREES**

Served with locally grown seasonal vegetables and sides

# Parsley Parmesan Crusted Haddock

with Garlic Aioli

# Chargrilled Tri Tip (DF, GF)

with Chimichurri Sauce

#### Marinated North Atlantic Salmon (DF,GF)

with Orange Ginger Marmalade and Toasted Almonds

#### Herbed Panko Crusted Chicken Primavera

with Garlic Cream Sauce

# **VEGETABLE ENTREES**

#### Farmer's Market Stuffed Portabella Mushrooms (V, VG, GF)

with Balsamic Glaze

### Rolled Butternut Lasagna (V)

with Sage Cream

#### **SALADS**

#### Classic Caesar Salad

#### Little Leaf Farms Cape Cod Salad (V)

with Balsamic Vinaigrette

#### **Heirloom Caprese Salad**

with Shaven Prosciutto and Marinated Fresh Mozzarella

Vintage Waldorf Salad (V)

# plated

## **Plated Dinners**

#### Plated Dinner \$34.95

Priced per person, 20 guest minimum, please select one or two options, coffee service is included. Meal includes salad, entrée and dessert.

#### **ENTREES**

Served with locally grown seasonal vegetables and sides

#### **Grilled Filet Mignon**

with Garlic Confit Emulsion

#### **Slow Roasted Beef Tenderloin**

with Bordelaise Sauce

#### **Guinness Braised Beef Short Ribs**

### **Prosciutto Wrapped Chicken Breast**

with Tomato Basil Relish and Balsamic Reduction

#### Miso Glazed Seared North Atlantic Salmon (DF)

with Citrus Ponzu Sauce

## Tuscan Roasted Herbed Pork Loin (DF)

with Au Jus

#### Surf and Turf

#### **Grilled Filet Mignon**

with Lemon Garlic Emulsion and Maryland Old Bay Spiced Crab Cake

#### **VEGETABLE ENTREES**

## Farmer's Market Stuffed Portabella Mushrooms (V, VG, DF)

with Balsamic Glaze

#### Rolled Butternut Lasagna

with Sage Cream

#### **SALADS**

#### Classic Caesar Salad

#### Little Leaf Farms Cape Cod Salad (V)

with Balsamic Vinaigrette

#### Heirloom Caprese Salad (GF)

with Shaven Prosciutto and Marinated Fresh Mozzarella

#### Pioneer Valley Mixed Green Salad (V. GF)

with Roasted Butternut, Shaven Fennel, Crispy Apples and Maple Vinaigrette

Gourmet Panzanella Salad (V)

# Mount Ida Campus



# **Breaks and Continental Breakfast**

Traditional Continental (V) \$12.95

Assorted Mini Pastries, Seasonal Hand Fruit, Fruit Juices and Water. Includes Hot Beverage Service.

Valley Crunch (V) \$9.95

Trail Mix, Seasonal Hand Fruit, and Greek Yogurt, Includes Hot Beverage Service.

Snack Time (V) \$4.95

Assortment of All Natural Chips and Pretzels, Includes Hot Beverage Service.

Bakeshop Treat \$6.95

UMass Bakeshop Cookies and Brownies, Includes Hot Beverage Service.

Bagel Blast (V) \$15.95

Assorted Bagels, Sliced Traditional Nova Lox, Cream Cheese, Tomato, Capers. Includes Hot Beverage Service, assorted Fruit Juices and Water.

Light Side (V) \$9.95

Fresh Cut Fruit and Cheese with Crudité and Onion Dip. Includes Fruit Infused Water.

Hot Beverage Service \$3.25

Colombian Coffee and Tea Assortment, Decaffeinated Options, Served with All Natural Milk and Creamer and an Assortment of Sweeteners.

Upgrade to Fair Trade

People's Organic Coffee \$3.75

Add Greek Yogurt (V, GF) \$2.95 Individual containers, assorted flavors

Add Fresh Cut Fruit (V, VG, GF) \$3.25

# breakfast & breaks

## **Breakfast Buffet**

Country Style Breakfast Buffet \$18.95

Priced per person, please see the Policies Section for buffet details.

Cage-Free Scrambled Eggs, Nitrate Free Bacon, Low Sodium Breakfast Sausage, Hand Cut Home Fries, Bread Basket, Assorted Juices, and Hot Beverage Service

#### **Buffet Enhancements**

Pancakes (V) \$3.95

Organic Plain and Blueberry, served with local syrup and butter.

French Toast (V) \$3.95

Classic style hand dipped French Toast made with cage-free eggs and served with Local Preserves, Grand Marnier Sauce, Local Maple Syrup, and butter.

Oatmeal (V) \$3.95

Steel Cut Organic Oatmeal with fresh and dried fruit, local maple syrup, and fair trade all natural sugars

Yogurt Bar (V, GF) \$4.95

Featuring organic granola and individual plain Greek yogurt cups with an assortment of fresh berries, local honey, toasted almonds and fresh fruit preserves.

Pre-Made Yogurt Parfaits \$4.95

Featuring organic granola and plain Greek yogurt with an assortment of fresh berries, local honey, toasted almonds and fresh fruit preserves.

# Mount Ida Campus



# **Displays**

Priced per person, 25 guest minimum.

**Cheese and Crackers** 

with Dried Fruits \$7.95

Our chef's selection of locally sourced and traditional classics with an assortment of artisanal crackers.

Mezze Platter \$7.95

Hummus, Tabbouleh Salad, Roasted Red Peppers, Grilled Eggplant, Grape Tomatoes, Marinated Artichokes, Fresh Mozzarella, Grilled Asparagus, Mediterranean Olives and Toasted Pita

\$8.95

Antipasto Platter

Sliced Cured Meats with Marinated Artichokes, Sweet Peppers, Cherry Tomatoes, Fresh Mozzarella and Mediterranean Olives

Assorted Sushi (DF)

Fresh made California and Veggie Rolls with Pickled Ginger, Soy Sauce, and Wasabi

Selection of Petit Fours \$6.95

# receptions

### Passed Hors D'Oeuvre

\$24.95/Doz

Crispy Spring Rolls (DF)

with Traditional Dipping Sauce

Thai Chicken Satay (DF) with Peanut Dipping Sauce

Mini Stuffed Mushrooms

**Chicken Pot Stickers (DF)** with Ginger Dipping Sauce

#### Passed Hors D'Oeuvre

\$29.95/Doz

Mini Crab Cakes with Chili Lime Aioli

Shrimp Tempura (DF)

Scallops Wrapped in Bacon (DF)

Smoked Salmon Canapé

Mini Beef Wellingtons

with Bordelaise Sauce