

# Sustainability Online Gatherings

**Tuesday, May 5**

Easy Bread Baking Techniques

**Thursday, May 7**

Compost Anywhere: *Starting and Maintaining an indoor or outdoor system*

**Tuesday, May 12**

Cooking with Seasons: *Taking advantage of spring crops*

**Thursday, May 14**

The Art of Weeding

**Tuesday, May 19**

Eating for a Healthy Immune System

**Thursday, May 21**

Getting Started with Bees *\*Weather Dependent\**

**Tuesday, May 26**

Baking with the Seasons

**Thursday, May 28**

Backyard Chickens for Food Security

**TUESDAYS & THURSDAYS**

**10:00-11:00 AM**

**GUIDED MEDITATION FOR STRESS REDUCTION**

**WEDNESDAYS**

**12:00-12:30PM**

**JOIN THE MEETING!**

[HTTPS://UMASS-AMHERST.ZOOM.US/J/96832891478?](https://umass-amherst.zoom.us/j/96832891478?)

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**CALL IN!**

1.312.626.6799 Meeting ID: 968 3289 1478 Password: Sustain20