

Eating Vegan/Vegetarian at UMass

UMass Dining changed its "Vegan" icon to "Plant based" on our menu identifiers (line signs by the food)! Although both terms mean the same thing, we hope the label of "Plant Based" will create more interest in Plant Based foods.

Questions or Concerns

Please ask the cashier to radio the manager so they can assist immediately.

Vegetarian Stations

At Hampshire, and Worcester Dining Commons. Look for the vegetarian icon!



Vegan Station

Found only at Franklin Dining Commons. Please note there are also other vegetarian/plant based options served at other stations. Look for the Plant Based Icon!



Vegan Desserts

Plant based desserts are available at dinner daily in all dining commons. (Note: Bakery items are made on the same line with eggs and dairy products. However the equipment is cleaned and sanitized between uses). Additionally, Worcester will have oat milk soft serve.

Vegetarian Deep-Fried Foods

Fried foods have the following allergens: Gluten, wheat, soy, corn, eggs, dairy and sesame as there are more than one product deep fried in the same fryer.

Gelatin

Gelatin is not plant based and found in some mousse (toppings for desserts) and marshmallow items. We eliminated any yogurt that contains gelatin in the dining commons recipes.